

## Yearning in Situations of Loss Short Form (YSL-SF) - English

Please indicate how often you feel the way described by selecting one of the responses. Each blank refers to your loved one that died.

|  | Never<br>1 | 2 | Sometimes<br>3 | 4 | Always<br>5 |
|--|------------|---|----------------|---|-------------|
| 1. I find myself wishing that things could be the way they were when I was with ____.          | 1          | 2 | 3              | 4 | 5           |
| 2. I feel like things used to be so perfect before I lost ____.                                | 1          | 2 | 3              | 4 | 5           |
| 3. I imagine and choose things I would be willing to give up in exchange for having ____ back. | 1          | 2 | 3              | 4 | 5           |
| 4. The feeling of wanting ____ back is so strong it is indescribable.                          | 1          | 2 | 3              | 4 | 5           |
| 5. I like to imagine what I would do if ____ were with me.                                     | 1          | 2 | 3              | 4 | 5           |
| 6. I wish I could do the things I used to do with ____.  | 1          | 2 | 3              | 4 | 5           |
| 7. I miss ____ as much or more than I have missed any other person.                            | 1          | 2 | 3              | 4 | 5           |
| 8. I feel like I could be completely happy if I was with ____.                                 | 1          | 2 | 3              | 4 | 5           |